



# EUNESE News

## European Network for Safety among Elderly

August, 2007

Center for Research and Prevention of Injuries

Editorial


Dear Members of the EUNESE,

With this newsletter we are happy to provide you with the latest news on the EUNESE progress and activities. We consider this effort as an effective way for disseminating and communicating information among network members- researchers, practitioners, and policy makers.

We kindly invite you to share with us and the members of EUNESE any abstracts you have submitted to national and international conferences and any related news on elderly safety activities, of which we will disseminate them to our members.

We welcome your comments and suggestions which would lead to additional improvements in the newsletter.

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CEREPRI 

### The EUNESE Fact sheet series is now available in German, Polish, Portugal and Italian!

We are happy to announce you that the translation of the EUNESE Fact sheet series has been completed and currently is available in four EU languages plus English!



- ◆ Falls
- ◆ Road Traffic Injuries
- ◆ Poisoning
- ◆ Drowning
- ◆ Burns and Fires

#### Partners contributed:

- ◆ **German:** Translated by Gerhard Murza, LOEGD, Institute of Public Health North Rhine, Westphalia - Germany
- ◆ **Italian:** Translated by Francesca Valent, MD, MSPH, University of Udine, Institute of Hygiene and Epidemiology, Italy
- ◆ **Polish:** Translated by Katarzyna Szczerbińska, Jagiellonian University Medical College, Institute of Public Health, Health Promotion Unit, Poland
- ◆ **Portugal:** Translated by Prof. Constança Paúl, University of Porto, Institute of Biomedical Sciences Abel Salazar, Portugal

### Abstracts accepted

The following abstracts based on the implementation of the Polish EUNESE Pilot project

- Results of multifactorial falls prevention in nursing homes in Poland
- Who are the 'frequent fallers' - study in nursing homes in Poland

submitted by the Polish partner of the project Dr Katarzyna Szczerbinska in the

#### VI European Congress of IAGG Health and Active Ageing for All Europeans

St. Petersburg, Russia, July 2007

HAS BEEN ACCEPTED AND PRESENTED

The abstracts are also published in Advances of Gerontology

- Szczerbinska K., Zak M., Kijowska V., Results of multifactorial falls prevention in nursing homes in Poland, Presentation for VI European Congress IAGG „Healthy and Active Ageing for All Europeans” in St. Petersburg 4-8 July 2007, Advances in Gerontology, 2007, 20 (3), 189-190.
- Szczerbinska K., Zak M., Who are the 'frequent fallers' - study in nursing homes in Poland, Presentation for VI European Congress IAGG „Healthy and Active Ageing for All Europeans” in St. Petersburg 4-8 lipiec 2007, Advances in Gerontology, 2007, 20 (3), 189.



see also:

Page 2: EUNESE members presentation  
Page 3: EUNESE material presentation  
Page 4: EUNESE members area

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National and Kapodistrian University of Athens Medical School



Center for Research and Prevention of Injuries CEREPRI





# EUNESE


## members presentation

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## Antero Heloma, MD, PhD—Finland



1st EUNESE Conference  
Brussels 2007

Antero Heloma, MD, PhD, is Provincial Adviser for Health and Head of Unit in the State Provincial Office of Southern Finland from 1997. He was a Project Director in an ECOS-Ouverture project called SPE on elderly people's injury prevention involving 5 European countries 1999-2001. He has worked as a Principal Medical Officer in the Ministry of Social Affairs and Health, Finland 1992-1995 and as a Senior Medical Officer in the Finnish National Board of Health 1989-1991. He has also worked as Researcher in the Finnish Institute of Occupational Health for several years and as Visiting Professor in the University of Occupational and Environmental Health in Kitakyushu, Japan in 2000. He has been an External temporary adviser for WHO-Euro 1991-1992. Dr Heloma is a Member of the Committee of Health and Social Affairs of the Assembly of European Regions from 1996. He has several peer reviewed publications in international journals on Health Promotion and Health Policy. He is a contributing author in the book „Health Policy and European Union Enlargement”, eds. McKee M et al.  Dr Heloma is a member of the Steering Committee of the EUNESE Project since 2004

## Bényi Mária MD, MsC—Hungary

Head of department epidemiology of non-communicable diseases at National Centre for Healthcare Audit and Inspection, Budapest. Specialized in public health and social medicine. Master of environmental health. She represents Hungary in Working Party of Accidents and Injuries in EU, and she is also a focal person for WHO in injury prevention. She has been involved in three EU public health projects. She has been head of Department of Public Health from 1992 to 2000. In 2001 she became Deputy Chief Medical Officer of Hungary. From 2002 to 2005 she was the Deputy Director General for the National Public Health Center.



Apart of EUNESE (she was a leader of Hungarian pilot project), with colleagues she is collaborating with Maria Segui Gomez in morbidity data collection in APOLLO program. In APOLLO she has connection with team of Eva Negri working on good practices of injury prevention for elderly. Since 2006 with her colleagues she has been involved in work of AdRisk team.

Her publication are basically in Hungarian. Several topics from the last 2 years:

Mária Bényi: Injury prevention as environmental health issue. *Egészségtudomány*, 2005;49;78-85

Bényi M: Social background of child injuries. *Család, gyermek, ifjúság*. XIV.évf. 6. szám 2005. pp.: 11-17

Dr. Bényi Mária: Introduction, pp 5-10 and Dr. Sándor J –Dr. Bényi M: Mortality, pp.19-26

In: *Child injuries in Hungary* szerk: Páll G. and É. Zentai, 2007. Budapest

Dr. Bényi Mária: The possible role of pediatricians in childhood injury prevention. *Gyerekgyógyászati továbbképző szemle (Pediatrics in Review. Hungarian Edition)*. 12. év. 3-4 szám. 2007, pp 104-109





# EUNESE

## European Network for Safety among Elderly

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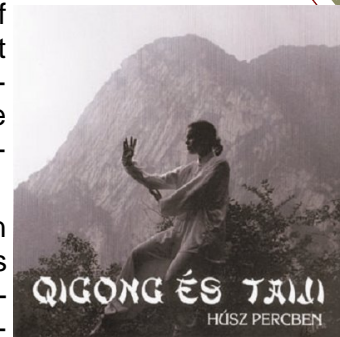
Prepared in the context of the EUNESE Pilot project  
"PREVENTION OF INJURIES AMONG ELDERLY IN SEVEN HUNGARIAN COUNTIES"

### Pilot project "Prevention of injuries among elderly in seven Hungarian counties" (HU)

We are happy to announce that the implementation of the pilot project has been successfully finalized.

In Hungary 45000 persons live in nursing homes. The total number of nursing homes for elderly is 874. There no special surveys, aiming at seniors living in such homes, were made so far. The first pilot project under EUNESE has been made in one county in the year 2005. During the 2006 the project continued with the same method in 6 more counties. Altogether 234 institutions have been approached.

The aims of this pilot project were to collect basic epidemiological data in Hungary regarding injuries among elderly people, to assess the risk factors of falls among independently living and elderly living in residential care settings, to disseminate information to care givers and elderly citizens concerning injury prevention techniques and, finally, to improve the teaching material for students, who will eventually be involved in the caring of elderly people. The project implemented in 7 counties of Hungary.



Cover page of the Tai Chi DVD developed in the context of the pilot project

As a result of the survey a detailed picture about the percentage of injuries requiring medical assistance was produced. By filling the questionnaire, the problem raised awareness among the directors, caretakers of the homes. The estimation of the overall security and pricing the renovation served as a study for the fore coming duties. The summary was sent to the Ministry of Social Affairs, to support nursing homes for the sake of equality.

Bényi Mária, MD

National Health Care Audit and Methodological Center, Budapest, Hungary



### Evaluation of workshops conducted in the context of pilot project

(The results based on the answers of 77 participants)

- 93% responded that they gained adequate information on the topic
- 71% stated very satisfied from the overall quality of the lectures
- 62% rate the quality of the total material as very high ("5" based on a 5-point scale where 1=very low and 5=very high)
- 81% stated very satisfied from the Tai Chi DVD
- All the participants stated that they will recommended to a public health professional to participate in a similar workshop



### Other available material

Please, visit [www.balesetmegeloz.atw.hu/](http://www.balesetmegeloz.atw.hu/) to see further material developed by the Hungarian partner in the context of the EUNESE pilot project.

**Countries participating in EUNESE**



- |                |                 |                 |
|----------------|-----------------|-----------------|
| Austria        | Greece          | Portugal        |
| Belgium        | Hungary         | Slovak Republic |
| Cyprus         | Ireland         | Spain           |
| Czech Republic | Italy           | Sweden          |
| Denmark        | Latvia          | Turkey          |
| Estonia        | Liechtenstein   | United Kingdom  |
| Finland        | The Netherlands | Russia          |
| France         | Norway          | Switzerland     |
| Germany        | Poland          | USA             |



# EUNESE

European Network for Safety among Elderly

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Members news, announcements, requests, etc

Dear EUNESE Members,

Please feel free to share with us and the rest members of EUNESE any abstracts you have submitted in national and international conferences and any related news on elderly safety activities. We will be happy to further disseminate this information to our members.

Email: [eunese@med.uoa.gr](mailto:eunese@med.uoa.gr)

## Networking activities

First, we would like to kindly acknowledge those members who kindly translated the fact sheets for the five leading causes among elderly people.

Please, find the translated documents in the following address:

<http://www.cc.uoa.gr/socmed/hygien/eunese/>

Please be so kind to forward this information to your mail lists and sent us a short comment for the receivers (e.g. including the number of receivers and area of their expertise in general) in order to include them in the dissemination efforts of the network.

Membership: In order to become a member of EUNESE, please visit the [www.cc.uoa.gr/socmed/hygien/eunese/membership.htm](http://www.cc.uoa.gr/socmed/hygien/eunese/membership.htm) or [www.eunese.org](http://www.eunese.org) (members area), fill in the application form and return it to: [eunese@med.uoa.gr](mailto:eunese@med.uoa.gr)

### Further Dissemination Activities

From July 2007, the EUNESE Newsletter as well as EUNESE materials are also available in the website of the German Organization

“Prävention NRW...  
Gesundheit & Lebensqualität”

For more information for the organization, please, visit [www.praeventionskonzept.nrw.de/index.php](http://www.praeventionskonzept.nrw.de/index.php) and [www.praeventionskonzept.nrw.de/index.php?id=41](http://www.praeventionskonzept.nrw.de/index.php?id=41) for a site especially for elderly people (German)

This Newsletter was developed in the context of the European Network for Safety among Elderly (EUNESE) project aiming to address injury prevention and safety promotion among senior citizens through an EU Network. The project run under the auspices of DG SANCO (Directorate C-Public Health and Risk Assessment, Health & Consumer Safety) and coordinated by CEREPRI.

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