Try this fun quiz and see how you score!

Do you have smoke alarms on each floor? Yes ☐ No ☐

Do you check your smoke alarms regularly? Yes ☐ No ☐

Do you use a thermostatically controlled deep fat fryer or oven chips? Yes ☐ No ☐

Do you wipe up floor spills straight away? Yes ☐ No ☐

Are your stairs free from clutter? Yes ☐ No ☐

Are all rugs and carpets secured down? Yes ☐ No ☐

Do you have ample handrails on the stairs and in the bathroom? Yes ☐ No ☐

Do you wear suitable sturdy footwear? Yes ☐ No ☐

Is your hall and stairway well lit? Yes ☐ No ☐

Do you have your chimney swept or your gas appliance serviced regularly? Yes ☐ No ☐

Are you taking the correct amount of medication? Yes ☐ No ☐

Do you use a stepladder rather than climbing onto a chair to reach items? Yes ☐ No ☐
Do you store everyday things in easy to reach places?

Yes □   No □

Thanks for trying the home safety quiz.

Scores:
If you answered yes to 12 or more then congratulations you are doing well and you are less likely to have an accident. Keep up the good work but still take lots of care. 😊

If you answered yes to 10 – 12 then you are doing well but take another look at your home and see how you can improve. 😞

If you answered yes to less than 10 then WATCH OUT!! Look at your home and see what improvements can be made. Ask a family member or friend to help with any changes needed. 😞

Some home safety tips:

- Fit and check smoke alarms on each floor
- Service gas appliances annually
- Use an electric deep fat fryer or better still oven chips – they are safer and healthier
- Secure down rugs and carpets
- Keep halls and stairs well lit

- If you are taking a lot of medication check you are taking correctly
- Don’t climb on chairs – use a stepladder
- Make sure your footwear is strong and sensible
- Tidy up clutter from stairs

If you need help then:

- Your local fire brigade can help with fitting smoke alarms or giving fire safety advice.
- Your local Care and Repair office will be happy to help.
- Or you can contact your local council.

Don’t delay – act today!

Supported by RoSPA and the Wales Home Safety Council